



Starters

1. Crispy Aromatic Duck (*£2.00 extra per person per order, min for 2*)
3. Sesame Minced Prawns on Toasts (+)
4. Pork Ribs in Cantonese Sauce (o)
5. Deep-fried Pork Ribs with Chili & Salt
6. Deep-fried Squid with Sweet & Sour Dip
7. Smoked Shredded Chicken
8. Crispy Vegetarian Spring Rolls (+)
9. Spicy Satay Chicken Skewers (+) (++) (o)
10. Chopped Pork with Crispy Lettuce
11. Crispy Wan Tun in Sweet & Sour Sauce (+)
12. Stir-fried Mussels in Chili & Garlic(+) or
Black Bean Sauce(o)
13. Crispy Seaweed
14. Deep-fried Spice Vegetable Dumplings (+)

Soups

15. Wan Tun Soup (+)
16. Hot and Sour Soup
17. Chicken with Sweet Corn Soup
18. Crab Meat with Sweet Corn Soup
19. Vegetarian Hot & Sour Soup
20. Chef's Special Seafood Soup
21. Chopped Beef with Vegetable Soup

Chef's Selection

22. Sizzling Squid in Spicy Szechuan Sauce (o)
23. Sizzling Fish Fillets in Spicy Piquant Sauce (o)
24. Sizzling Prawns in Satay Sauce (+) (++) (o)
25. Sizzling Prawns with Ginger & Spring Onion
26. Sizzling Beef Slices in Cantonese Sauce (o)
27. Sizzling Beef Slices in Black Pepper Sauce (o)
28. Sizzling Beef Slices in Spicy Szechuan Sauce (o)
29. Sizzling Beef with Ginger & Spring Onion
30. Sizzling Beef in Spicy Satay Sauce (+) (++) (o)
31. Sizzling Chicken in Spicy Szechuan Sauce (o)
32. Sizzling Chicken in Spicy Satay Sauce (+) (++) (o)
33. Sizzling Chicken with Ginger & Spring Onion
34. Sizzling Stir-fried Seafood Selection
35. Sizzling Aubergines with Chopped Pork
in Chili & Garlic Sauce (+)
36. Sizzling Chicken in Coconut Curry Sauce (+) (++)



Seafood

37. King Prawns with Fresh Asparagus
38. King Prawns with Fresh Mange-tout
39. Stir-fried Hot Chili King Prawns (+) (o)
40. King Prawns with Straw Mushrooms
41. Stir-fried King Prawns with Cashewnuts (++)
42. Deep-fried Prawns with Chili & Salt
43. Deep-fried Prawns in Kung Po Sauce
44. King Prawns in Chili & Garlic Sauce (+)
45. Deep-fried Ghan Shau Prawns (o)
46. King Prawns in Black Bean Sauce (o)
47. King Prawns in Spicy Crab Meat Sauce
48. Sweet and Sour King Prawns
49. Deep-fried Prawns in Lemon Sauce
50. Stir-fried Squid in Black Bean Sauce (o)
51. Deep-fried Squid with Chili & Salt
52. Scallops with Fresh Asparagus
53. Scallops with Fresh Mange-tout
54. Scallops with Straw Mushrooms
55. Seafood Selection in Chili & Garlic Sauce (+)
56. Deep-fried Fish Fillets in Sweet & Sour Sauce
57. Deep-fried Fish Fillets in Lemon Sauce

Beef & Pork

58. Beef Slices in Black Bean Sauce (o)
59. Beef with Asparagus & Cashewnuts (++)
60. Crispy Sweet & Spicy Beef Shreds
61. Stir-fried Hot Chili Beef Slices (+) (o)
62. Crispy Beef Shreds in Cantonese Sauce (o)
63. Beef Slices with Straw Mushrooms
64. Stir-fried Beef Slices in Oyster Sauce
65. Cantonese Roast Pork (o)
66. Sweet and Sour Pork
67. Stir-fried Hot Chilli Roast Pork Slices (+) (o)

Chicken & Duck

68. Stir-fried Chicken with Asparagus
69. Chicken in Spicy Crab Meat Sauce (+)
70. Chicken in Black Bean Sauce (o)
71. Chicken with Cashewnuts in Bean Sauce (+) (++) (o)
72. Stir-fried Chicken with Mange-tout

- (+) Contains wheat flour
(++) Contains Peanuts
(o) Contains Soyabeans



Chicken & Duck Cont.

73. Chicken with Straw Mushrooms
74. Chicken in Chili & Garlic Sauce (+)
75. Stir-fried Hot Chili Chicken Slices (+) (o)
76. Stir-fried Chicken Slices in Oyster Sauce
77. Stir-fried Chicken with Peppers & Pineapple
78. Sweet and Sour Chicken
79. Deep-fried Lemon Chicken
80. Cantonese Style Roast Duck
81. Shredded Duck & Vegetable Stir-fry (o)
82. Stir-fried Roast Duck with Peppers & Pineapple
83. Roast Duck in Lemon Sauce
84. Roast Duck in Plum Sauce

Vegetables

85. Stir-fried Asparagus with Crushed Garlic
86. Stir-fried Mange-tout with Crushed Garlic
87. Stir-fried Bambooshoots and Chinese Mushrooms
88. Stir-fried Mixed Vegetables
89. Stir-fried Beansprouts with Crushed Garlic
90. Stir-fried Aubergines in Oyster Sauce
91. Deep-fried Beancurd with Chili & Salt
92. Deep-fried Beancurd with Sweet & Sour Sauce
93. Stir-fried Beancurd in Black Bean Sauce (o)
94. Stir-fried Beancurd with Chinese Mushrooms
95. Stir-fried Beancurd in Chili & Garlic Sauce (+)

Curry (+)

96. Springwater Special Curry
97. King Prawn Curry
98. Beef Curry
99. Chicken Curry
100. Roast Pork Curry
101. Roast Duck Curry
102. Mixed Vegetable Curry

Rice & Noodles

103. Yong Chow Special Fried Rice
104. Egg Fried Rice
105. Plain Steamed Rice
106. Plain Fried Noodles (+) (o)
107. Spicy Thai Style Fried Noodles (+)
108. Singapore Style Fried Vermicelli (+)

(+) Contains wheat flour

(++) Contains Peanuts

(o) Contains Soyabeans

Springwater

Cantonese Restaurant



Eat as much as you Like

*£18.50 per person (min for 2 persons)

A maximum selection of **FOUR** Starters or Main Courses may be ordered at any one time, portion sizes will be allocated according to the number of people in your party. Subsequently you may re-order the same or a different selection after you have consumed the previous selection on your table. Starters may not be ordered after you have moved on to the Main Courses.

This menu must apply to all members in your party.

Please do not waste food

Sorry

No Doggy Bags!!

*Weekends in December and New Years Eve,
there will be an addition cost of £2.00 per person

Moor Lane Calverton Nottm NG14 6FZ Tel : 0115-9654360